

# BREAST IMPLANT SURGERY CONSULTATION WORKSHEET

Many cosmetic surgeons offer a free initial consultation so you can ask questions and find out detailed information about the procedure you are interested in. To make the most of your appointment and ensure all of your important questions are answered, you should fill out the first section of this worksheet and bring the entire document with you to your consultation.

## Information to Share with Your Cosmetic Surgeon

Before you begin asking your questions, it is important to provide your cosmetic surgeon with the pertinent information he or she needs to provide you with accurate answers. Here is the information you should have on hand:

Age: \_\_\_\_\_ Current bra size: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Ideal bra size: \_\_\_\_\_

Number of children: \_\_\_\_\_ I have an example photo of ideal size/shape: Y / N

Past cosmetic surgery? Y/N If yes, what procedures?

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## 20 Questions to Ask Your Cosmetic Surgeon During the Consultation

1. What implant size, model and shape will compliment my body shape the best?

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2. What type of incision do you recommend for my procedure?

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3. Do you recommend that I have the implants placed under or over the muscle?

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4. Will I need a lift or other corrective procedure to achieve my desired results?

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5. Will you provide me with before and after pictures of patients who have undergone this surgery before me?

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6. Will you provide me with the contact information for other patients who have undergone this surgery so I can call them as a reference?

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7. What complications or risks are associated with breast implant surgery?

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8. Will breast implants increase or decrease my risk of breast cancer?

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9. Will the surgery affect my ability to breastfeed if I have a child in the future?

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10. Will you perform the procedure in a hospital or a certified operating facility?

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11. How long does the entire recovery process take?

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12. When will I be able to return to work, exercise and resume all other normal activities?

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13. What steps can I take to prepare for my recovery prior to surgery?

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14. What is the total cost of breast implant surgery?

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15. Who will pay for the charges if the implant surgery runs longer than expected?

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16. Who is responsible for revision surgery costs if I am not satisfied with the end results?

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17. What do you charge for follow-up appointments?

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18. What type of financing options do you offer?

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19. Is there warranty coverage for your recommended implant model?

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20. Will any of my surgery options (implant size, incision placement, etc.) void the implant warranty?

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